

Healthy Communities Scrutiny Sub-Committee

Wednesday 18 January 2017

7.00 pm

Ground Floor Meeting Room G02B - 160 Tooley Street, London SE1
2QH

Supplemental Agenda

List of Contents

| Item No. | Title | Page No. |
|----------|---|----------|
| 4. | Minutes The minutes of the meeting held on 22 November 2016 are enclosed. | 1 - 7 |
| 5. | Free Swim and Gym A report is enclosed. | 8 - 15 |
| 7. | Joint Mental Health Strategy A report on the draft strategy is enclosed. | 16 - 19 |
| 11. | Workplan The workplan is attached. A letter to the Minister for Public Health is also enclosed, taking forward a recommendation in the scrutiny Sexual Health report to raise concerns about the impact of funding reductions on local services. | 20 - 23 |

Contact

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Date: 13 January 2017

List of Contents

Item No.

Title

Page No.



Healthy Communities Scrutiny Sub-Committee

MINUTES of the OPEN section of the Healthy Communities Scrutiny Sub-Committee held on Tuesday 22 November 2016 at 7.00 pm at Ground Floor Meeting Room G01A - 160 Tooley Street, London SE1 2QH

PRESENT: Councillor Rebecca Lury (Chair)
Councillor David Noakes
Councillor Anne Kirby
Councillor Sunny Lambe
Councillor Maria Linforth-Hall
Councillor Martin Seaton

OTHER MEMBERS PRESENT: Councillor Maisie Anderson , the Cabinet lead for Public health, Parks and Leisure
Councillor Richard Livingstone, Cabinet Member for Adult Care and Financial Inclusion

OFFICER SUPPORT: David Quirke-Thornton, Strategic Director, Children's & Adults Services
Simon Rayner, Assistant Director, Adult Social Care (Mental Health and Learning Difficulties)
Richard Adkin, Mental Health Review Co-ordinator, Children's and Adults' Services
Jin Lim, Acting Public Health Director,
Wellbeing Hub
Andrew Farquhar
SLaM
Dr Matthew Patrick, South London & Maudsely Foundation Trust (SLaM), Chief Executive
Kris Dominy, COO, SLaM
Jo Kent, Service Director, SLaM
Lucy Canning, Service Director for Psychosis CAG
Godfried Attafua , Deputy Director, Promoting Recovery, Psychosis CAG
CCG
Dr Jonty Heaversedge, Clinical Chair, NHS Southwark CCG

1. APOLOGIES

1.1 Apologies for absence were received from Councillor Bill Williams.

1. NOTIFICATION OF ANY ITEMS OF BUSINESS WHICH THE CHAIR DEEMS URGENT

2.1 There were no urgent items of business.

3. DISCLOSURE OF INTERESTS AND DISPENSATIONS

3.1 Councillor David Noakes declared that he now sits on the Health and Wellbeing Board. He explained that the legal advice he has received advised that if any decisions by the board are being scrutinised by the committee then he would need to not participate in the deliberations and leave the room, however items that have just been discussed at the board would be fine to scrutinise at the committee .

3.2 Councillor Sunny Lambe declared he was employed by the NHS.

4. MINUTES

RESOLVED:

That the minutes of the meeting held on minutes of the meeting held on 26 July 2016 were agreed as an accurate record.

VIDEO - OPENING OF THE MEETING

<https://bambuser.com/v/6539797>

5. SOCIAL CARE REVIEW

The following attended the meeting to present and take questions on the Social Care Review:

Southwark Council

- Councillor Richard Livingstone, Cabinet Member for Adult Care and Financial Inclusion
- David Quirke-Thornton, Strategic Director, Children's & Adults Services
- Simon Rayner, Assistant Director, Adult Social Care (Mental Health and Learning Difficulties)
- Richard Adkin, Mental Health Review Co-ordinator, Children's and Adults' Services

Wellbeing Hub

- Andrew Farquhar

SLaM

- Dr Matthew Patrick, South London & Maudsely Foundation Trust (SLaM), Chief Executive
- Kris Dominy, COO, SLaM
- Jo Kent, Service Director, SLaM
- Lucy Canning, Service Director for Psychosis CAG
- Godfried Attafua , Deputy Director, Promoting Recovery, Psychosis CAG

CCG

- Dr Jonty Heaversedge, Clinical Chair, NHS Southwark CCG

The following points were made by SLaM in their presentation and by members in the subsequent discussion:

- The process had been difficult; a bumpy road.
- The ending of the previous integration of health and social care was not supported by SLaM. The evidence is that integrated teams give better outcomes.
- SLaM would have preferred to have been informed of the intention to 'disintegrate' earlier.
- 22 social workers have left SLaM as a result of the change process. Some backfilling to been done by SLaM using CCG funding for 6 months. This will be reviewed going forward.
- 95% of issues are sorted out, but there is still a small risk around safeguarding. One concern is social care assessment if not set up in a timely fashion; however forums are there to address this between SLaM and Southwark social care.
- SLaM said they will do their best to support the new model despite differences.
- The lessons learnt is working together early and closer is better. Working closely from the outset would have allowed better sharing of concerns.
- A member raised a concern about two early discharges of people with mental health issues, resulting in with two deaths. The SLaM CEO responded that he couldn't talk about the cases as he was not aware of the details , however there are mistakes made on occasions ; there is no such thing as a perfect service . He remains of view of that an integrated service is better.
- The committee suggested coming back in a time period to look at implementation and pick up any concerns

Elizabeth Rylance Smith, spoke on behalf of Tom White, spokesperson SPAG. The statement read out referred to the allocation of 6.5million by Parliament in 2006 to King's College Hospital to compensate in some way for the closures of Maudsley emergency clinic. The importance of parity of esteem with emergency care was raised. SPAG

recommended a return to emergency facility at Maudsley and ongoing concerns about the A & E provision for mental health in Demark Hill Hospital, run by King's College Hospital.

The following points were raised by Soutwark Council and by members in the subsequent discussion:

- Other councils have chosen to move towards the model Soutwark is adopting and it has worked well: Newham have been rated at excellent, Merton also followed a similar model. There are different approaches, given the new flexibility allowed by government
- Soutwark are now seeking to "resurrect" social work. The council perspective is focused on residents and community, rather than hospitals, though we do recognise that there is a need to link to hospital and acute care.
- The Strategic Director referred to the tabled document listing meetings with SLaM and partners.
- In the reference to the letter by SLaM he said delayed discharge was an area that Soutwark did well on, and that he did not agree with the reference to Mid Staffordshire Hospital. Delayed transfer will probably get worse for detox as the chronic underfunding of health services, but not because of this change.
- A member refereed to the Frances report reference regarding Mid Staffordshire in the SLaM letter, and noted it was specific to staff moral. He asked about this and also other concerns on shared information. Going forward there will be two entry points. The social care one will focus on outcome. Officers said staff moral is good, and that many social workers are very excited about change and looking forward to being able to focus on social and community work. Officers said that there are always questions about change, however there is a good atmosphere; staff do want to focus more on the wider determinates of health.
- Social work outcomes are poor and the council want to chart the direction of change to improve those. He assured members that it is safe to go ahead with changes on 28th November. The council are prepared meet SLaM regularly, weekly if needed, until SLaM and the council are assured that this is a safe transition.
- A Member asked for the reason for such a strong letter and the Strategic Director referred to underlying philosophical differences and that it feels wrong to 'disintegrate'. However there are lots of difference ways to integrate and the council do need to listen to service users to.
- The Care Acts emphasis is now much more on community care and increased moves to giving more personalised and agency. This is not total disintegration as there will still be co-location in many places, and the council did not consider that services based in Maudsley as right going forward as they were too institutionalised.
- The Wellbeing Hub will offer information, advice and support. It will be open to anybody, and able to also offer more support if needed. There is also peer support,

group work, and a partnership with voluntary and statutory teams. A visit was recommended to the committee.

- A member noted the last Good CQC report on the service.
- A member remarked to council officers that he would not critique the changes as your views are well founded, however preparing for change is very important. He asked if the Strategic Director and SLaM CEO could produce a joint letter and if they had met recently, and was given assurances that despite busy diaries this would be happening to take matters forward.

RESOLVED

It was agreed that the following recommendations will be put to both SLaM and Adult Social Care:

- A published implementation plan, detailing the future phases of the changes to mental health social care, with clear timelines and further information about the actions being undertaken in each phase
- An agreed meetings programme between SLaM and Southwark Council, both at a high level and an operational level
- A reassurance of the willingness to work closely together to deliver the best outcomes for Southwark residents in changing the approach to delivering mental health social care
- An agreement to attend the April 2017 Healthy Communities Scrutiny Sub-Committee meeting to provide an update on the mental health social care review implementation. The Committee will also invite union representatives, service users and Southwark Healthwatch to attend

VIDEO OF SOCIAL CARE REVIEW

<https://bambuser.com/v/6539826>

<https://bambuser.com/v/6539849>

<https://bambuser.com/v/6539854>

<https://bambuser.com/v/6539859>

<https://bambuser.com/v/6539868>

<https://bambuser.com/v/6539870>

<https://bambuser.com/v/6539876>

6. PUBLIC HEALTH PRIORITIES

Jin Lim, Acting Public Health Director, and Cllr Maisie Anderson , the Cabinet lead for Public health, Parks and Leisure, presented the report and addressed the questions.

The following issues were raised :

- The impact of Free Healthy School meal on obesity. The director said the statistical evidence is not significant , however surveys with identified it was helpful for some parents, and Free School Meal needs to be seen within a whole systems approach. Access to parks and growing food were mentioned in this regard.
- Targeting and extending health checks.
- How take-up of Free& Gym and Swim programme is being targeted at those most in need and monitored.
- The link between socio- economic deprivation with mental health was discussed. Council work on addressing the wider determinates of health e.g physically health, housing and employment were cited, as well as stop smoke activities , which are particularly targeted at certain groups, including low income.
- A member raised concerns about the lack of mental health being indicated as a priority and specifically the high rates of suicide in Southwark and links to the mental health strategy. Jin Lim said Mental Health is a priority (but was accidently left off the report) and although suicide rates have generally been falling there has been a small recent increase and they are in discussions with Samaritans and National Rail as there has been a slight rise. The Mental Health Strategy is due to come to both scrutiny and cabinet in the early next year.
- There was a query about prostate cancer awareness raising and the Jin Lim said that was a campaign in previous years . Men from ethnic minority communities are more at risk, and of later diagnosis . A member said that he has spoken to church leaders and they are willing to engage in promoting awareness .
- The importance of dementia testing was highlighted.
- Concerns were raised about the availability of hydro-pool sessions.
- Privacy concerning the sign-up process for the Free Gym & Swim was raised.
- Monitoring of Latin American community was discussed . Southwark Council have agreed to monitor this category locally however data provided by ONS does not do this , and there are concerns with the high level of 'other'.

RESOLVED

More information will be provided by Public Health on :

- Prostrate cancer awareness
- Dementia test availability for over 50

The following will be picked up on during the cabinet member interview :

- hydro- pool availability
- privacy issues around health questionnaire used during Free Swim & Gym

VIDEO OF PUBLIC HEALTH PRIORITIES

<https://bambuser.com/v/6539798>

<https://bambuser.com/v/6539817>

7. SEXUAL HEALTH REVIEW REPORT AND UPDATE ON CONSULTATION

This was noted.

VIDEO - SEXUAL HEALTH REVIEW REPORT AND UPDATE ON CONSULTATION & MATERNAL DEATHS AT KCH - BRIEFING

<https://bambuser.com/v/6539900>

8. MATERNAL DEATHS AT KCH - BRIEFING

This was noted.

9. WORKPLAN

An extra meeting will be added, in order to look scrutinise King's College Hospital, particularly their finances, provision for people in mental health crisis, A & E and maternity performance.

The next meeting in January will receive a report on the draft Joint Mental Health Strategy.

| | | | |
|------------------------------------|--------------------------------|---|---|
| Item No. | Classification: Open | Date: 18 th Jan 2017 | Meeting Name: Healthy Communities Scrutiny Sub-Committee |
| Report title: | | Free swim and gym update | |
| Ward(s) or groups affected: | | All | |
| Cabinet Member: | | Cllr Maisie Anderson, Cabinet member for Public Health, Parks and Leisure | |

RECOMMENDATION

1. That the Healthy Communities Scrutiny Sub-Committee notes the progress of the Free Swim and Gym scheme and the next steps for further development of the initiative.

BACKGROUND INFORMATION

2. In February 2016 the cabinet approved proposals for the implementation of the general free swim and gym offer from July 2016.
 - **Free access to gym and swimming for all residents** – all day Friday; afternoons on Saturday and Sunday until close
 - **A selection of targeted offers:**
 - Free access to all centres for disabled people; all of the time.
 - Free swim and gym throughout the week for health referrals to key healthy lifestyle schemes
3. This was as a result of reviewing the findings of the pilot scheme for young people and over 60s which had been launched the year before in March 2015.
4. Building on the council's Workforce Strategy the 'Employee Health and Wellbeing Strategy' was adopted in 2014 and the council signed the Healthy Workplace Charter in 2015. To reflect this commitment the cabinet also approved the additional proposal of:
 - **Free access to gym and swimming for Southwark Council staff** - all day Friday; afternoons from 2pm on Saturday and Sunday until close.
5. The Free Swim and Gym offer was included in the specification for the new Leisure Management Contract with Sports and Leisure Management Ltd. (Everyone Active) the council's new leisure provider, which commenced on the 21 June 2016.
6. The purpose of this report is to provide Healthy Communities Scrutiny Sub-Committee with an update on the progress with the general offer.

KEY ISSUES FOR CONSIDERATION

Pilot offers

7. The council took the approach of launching a range of pilot schemes for three main reasons. The first reason was, at the time the Fairer Future commitment was made the council was still in its previous leisure management contract. It was considered sensible to incorporate the scheme into the procurement process for the new contract and launch a general offer soon after starting a new contract. It was considered at the time that to have launched the full scheme any earlier would not have represented best value for the council.
8. The second reason to start with a pilot scheme was to manage the demand and to learn lessons from a phased implementation which would inform the launch of the general offer.
9. The third reason was to target specific age groups reaching those most in need first within the appropriate time slots and days of the week that had the capacity to absorb additional participation.

Pilot offer for residents aged 18 and under and over 60's

10. The application process for the pilot scheme opened on 21 March 2015 to Southwark residents aged 18 and under and over 60.
11. The scheme was launched on 23 May 2015 meaning residents could use the facilities at the following times:
 - **18s and under free swim** - all day Friday; afternoons from 2pm until 6pm on Saturday and Sunday
 - **16 to 18 years free gym** - all day Friday; afternoons from 2pm until 6pm on Saturday and Sunday
 - **14 to 16 years free youth gym sessions** – at selected times on Friday evenings, Saturday and Sunday afternoons
 - **Free 'Silver Sessions'** – access to over 60s sessions all week
12. As detailed in a Cabinet report in February 2016 which reviewed the pilot offers, approval was then given to extend to pilot scheme to include the following from April 2016 onwards.
 - **Free access all week to The Castle Centre for disabled people from April 2016 onwards**
 - **Free swim and gym for referrals to key healthy lifestyle schemes from April 2016 onwards.**

Free swim and gym scheme in the new Leisure Management Contract

13. The council's agreement with Fusion Lifestyle Ltd. expired on 20 June 2016. Sport and Leisure Management Ltd (Everyone Active) took over the management of the leisure centres from 21 June 2016. The general scheme was included in the specification for the new leisure management contract.
14. Registration for the general offer was available from 1 July and the scheme fully launched on the 29 July this year.
15. Everyone Active now operates the Free Swim and Gym Scheme for all residents of the borough at the following times in accordance with the terms and conditions of the Services Specification:
 - Free access to gym and swimming for all Southwark residents and Southwark Council staff – all day Friday and afternoons from 2.00pm. every Saturday and Sunday until the Facilities close.
 - Free Silver Sessions – access to the 60+ sessions for Southwark residents

- at all times
 - Free access to swim and gym at all facilities for disabled Southwark residents all week.
 - Free swim and gym throughout the week for those Southwark residents on the GP physical activity referral scheme including Kickstart and the NHS Health Checks Programme
 - Free swimming sessions for the Healthy Weight Programme participants
16. Looked after children also receive seven day per week access for the pool, gym and group workout classes. This is not included within the free swim and gym scheme as already in place. The scheme was given more focus in the new leisure management contract as a key target group. Everyone Active are working in partnership with the Council in re-launching and improving the scheme over the next few months

How has the scheme been communicated?

17. In partnership, the council and Everyone Active produced a series of marketing materials both in print and online format suitable for Facebook, e-newsletters and websites.
18. The marketing material took inspiration from national partners such as Sport England through emulating the successful “This Girl Can” television campaign and the use of appropriate imagery such as local people exercising at Southwark Leisure Centres.
19. A summary of the key campaign areas is below:
- Between 1 July and 19 December there were 137,154 page views of the Free Swim and Gym page on the website from members.
 - During the same period there were 1500 page views from colleagues
 - The main traffic source has been from Google, followed by Southwark Council website
 - There have been five press articles which mention or quoted Free Swim and Gym in Southwark
 - Two radio interviews with BBC London.
 - 35,000 flyers, over 300 posters and 25 banners were distributed to centres to promote Free Swim and Gym
 - 56,000 application forms were distributed to community buildings and GP surgeries
 - Nearly 2000 posters and over 56,000 flyers were distributed to community buildings and GP surgeries
 - So far there have been 35 posts on Facebook, reaching over 1000 people across the centres
 - So far there have been over 20 posts on Twitter, engaging over 200 people and reaching nearly 8,000 people.
 - Numerous adverts in Southwark Life and local press.

Uptake of the scheme so far

20. The breakdown of the registrations by age groups and disability up to 30 November 2016 are:

| Registrations | 15s and under | 16-24 | 25-54 | 55+ | Total |
|---------------|---------------|-------|-------|-----|-------|
| | | | | | |

| | | | | | |
|------------------|--------|-------|--------|-------|--------|
| General offer | 10,276 | 9,514 | 20,394 | 4,001 | 44,185 |
| Disability Offer | 509 | 615 | 2,188 | 537 | 3,849 |

21. The breakdown of the attendances by age groups and disability from 21 June 16 to 30 November 16 are below:

| Attendances | 15s and under | 16-24 | 25-54 | 55+ | Total |
|------------------|---------------|--------|--------|--------|--------|
| General offer | 10,373 | 10,591 | 30,883 | 12,215 | 64,062 |
| Disability Offer | 542 | 855 | 4,669 | 1,711 | 7,778 |

22. The pilot scheme was operated by Fusion Lifestyle Ltd in the previous leisure management contract and the recording of age groups differs slightly and was for only two targets groups to how it is collated now which is why they are being reported separately in this report. The attendances for period 21 May 15 to 20 June 16 were:-

| 18s and Under | Over 60s | Total |
|---------------|----------|--------|
| 10,416 | 22,035 | 32,451 |

23. The breakdown of the registrations by gender are:

| Registration | FSG Scheme | Southwark |
|--------------|------------|-----------|
| Female | 54.88% | 50.4% |
| Male | 45.12% | 49.6% |

24. The breakdown of the attendances by gender are:

| Attendance | FSG Scheme | Southwark |
|------------|------------|-----------|
| Female | 49.46% | 50.4% |
| Male | 50.54% | 49.6% |

25. In Southwark female participation in physical activity and sport is nearly half that of males (26%/46%). The FSG scheme is showing female attendances is nearly equal to males which shows that the scheme is having a positive impact on improving female participation rates.

26. Registrations by BME communities are more than representative of the Southwark population demographic as below:

| Registrations | FSG Scheme | Southwark |
|---------------|------------|-----------|
| White | 31.59% | 54% |
| BME | 68.41% | 46% |

27. The breakdown of attendances for BME are below. This is higher than the borough average and is in line with the registrations to the scheme.

| Attendances | FSG Scheme | Southwark |
|-------------|------------|-----------|
| White | 34.68% | 54% |
| BME | 65.32% | 46% |

28. The trend for the scheme is that participation levels are increasing. October 16

was slightly higher than November 16 but this is due to a school half term in October 16 and increased junior attendances. Below is a table showing attendance growth since start of scheme in May 2015:-

| Pilot Scheme | 29/07-31/07 16 | August 16 | Sep 16 | Oct 16 | Nov 16 | Total |
|---------------------|-----------------------|------------------|---------------|---------------|---------------|--------------|
| 34,288 | 3,637 | 12,198 | 16,435 | 19,211 | 18,522 | 104,291 |

29. In addition to this, as of 30 November 2016, 394 council staff have registered on the scheme resulting in 341 attendances.

Key healthy lifestyle schemes

30. Active Boost is a twelve week supported exercise programme traditionally known as GP Exercise Referral. The programme supports previously inactive people over 16 years of age with specific health conditions including obesity, diabetes, cardio-vascular disease and depression. The scheme was included in the Free Swim and Gym offer from April 2016 and the results of the first two quarters for this year are below.

- Of the 344 residents that joined the scheme 113 completed within the first six months of the year
- Of the 344 joiners, 208 were people with BMI>30 (obese).
- Of the 208, 91 completed the programme and 79 had their biometrics retaken. Of those 45 out of 79 (57%) reduced their waist circumference, 17 out of 79 (21.5%) had no change in waist circumference.
- Of those people who took part in the scheme 75% report that they had increased their physical activity levels.

Scheme delivery

31. Overall the launch and subsequent operation of the scheme have gone very well with only a few minor teething issues that were quickly ironed out by Everyone Active. Examples are: -
- A few customers experienced problems with signing up to the scheme, all issues were resolved swiftly and customers issued with cards
 - Queues in the early stages of the scheme going live were experienced however the feedback from customers was that this was being effectively managed by Everyone Active
 - Increased incidents of antisocial behaviour during free swim and gym times, again this has been managed, controlled and reduced by Everyone Active through the hiring of security staff at certain times.
32. In terms of the demand trends across the six sites that host the scheme, nearly 50% of the monthly Free Swim and Gym visits are made to The Castle Centre. Whilst this represents a positive outcome for the council's newest leisure centre, officers will in 2017 be working with Everyone Active to uplift participation in the other centres by delivering local community led marketing and outreach initiatives. Seven Islands Leisure Centre swimming pool has been closed since 1 August 16 and therefore residents from this area have attended the other council pools. The swimming pool is anticipated to re-open in Spring 17
33. Everyone Active are closely monitoring uptake and feedback on the scheme and making customer focused adjustments where necessary. Some examples of this

are:-

- Extra Silver classes have been added to the programme to meet customer demand. The changes have been made through customer consultation and the set up of a Silver customer forum group.
- Extra availability of staff at peak times to manage customer demand.

MySouthwark

34. The Free Swim and Gym project management team have been liaising with the My Southwark team to link the MySouthwark resource to the Everyone Active registration process. There is a link on all residents MySouthwark page which allows them to go directly to the registration page
35. Further work will be carried out in 2017 to allow certain parts of residents details on MySouthwark to self populate the free swim and gym application form if they decide to apply to speed up registration.

Financial Implications

36. The delivery of the general scheme is included within the contract sum under the new contract.
37. The new contract also has a mechanism by which an extension to the scheme could be calculated. Any expansion on the existing wider offer would result in additional costs to the council. The contract includes change control mechanisms to expand the scheme at a future date should the council wish to.

Next steps

38. In February 2017 a 6 month participant survey will be carried out to help review the scheme in terms of uptake and impact on increasing levels of physical activity and health improvement. It will include information on the following;
 - Comparison of activity levels before and since joining the scheme.
 - Perceived barriers to doing more physical activity
 - Reasons for joining the scheme
 - How participants heard about the scheme (we know from research on the pilot scheme that the most effective communication channels were Southwark Life, the council website and word of mouth).
 - If participants feel their health has improved as a result of the scheme
 - Frequency of visits
39. Participants will also be surveyed again one year after they have joined the scheme in order to renew their membership. The aim of this is to ensure the scheme can be evaluated on an ongoing basis.
40. Seven Islands Leisure Centre pool is currently undergoing refurbishment works and is due to reopen in Spring 2017. A locally focused marketing campaign will be carried out to re promote Free Swim and Gym in the centre catchment area.
41. The capacity for each centre has been calculated in terms of how many visits they can deliver for the scheme before saturation point is reached. Everyone Active will review current performance of each centre against the capacity level to then target market those centres with ability to absorb more usage.
42. In 2017 more community outreach will take place aimed at target groups such as young people, disabled residents etc. to ensure those who are most likely to

be inactive are encouraged to register and use the scheme

43. Officers and Everyone Active are currently exploring the possibility of including instructor led swimming sessions as part of the offer for those residents who take part in the Active Boost scheme which currently only includes instructor led gym sessions.

BACKGROUND DOCUMENTS

| Background Papers | Held At | Contact |
|-------------------|---------|---------|
| None | | |

APPENDICES

| No. | Title |
|------|-------|
| None | |

AUDIT TRAIL

| | | |
|---|---|------------------------|
| Cabinet Member | Cabinet Member for Public Health, Parks and Leisure | |
| Lead Officer | Deborah Collins, Strategic Director Environment and Leisure | |
| Report Author | Tara Quinn, Sports and Leisure Services Manager | |
| Version | 10 | |
| Dated | | |
| Key Decision? | No | |
| CONSULTATION WITH OTHER OFFICERS / DIRECTORATES / CABINET MEMBER | | |
| | Officer Title | Comments Sought |
| | Director of Law and Democracy | No |
| | Strategic Director of Finance and Governance | No |
| | Director of Public Health | Yes |
| | Cabinet Member | Yes |
| | Date final report sent to Constitutional Team | 9 Jan 2017 |



Healthy Communities Scrutiny Committee - Thursday 19 January 2017

Update on Joint Mental Health and Wellbeing Strategy for Southwark

1. Background

On 2 March 2016, the Education and Children's Services sub-committee and the Healthy Communities sub-committee carried out a joint enquiry into the development of the Joint Mental Health Strategy for Southwark. A joint report was produced as an outcome of this work. This included a detailed set of recommendations for both Southwark Council and Southwark Clinical Commissioning Group (CCG) to consider during the development of a Southwark Joint Mental Health Strategy.

The thirty-three recommendations covered a wide range of health and social issues that have an impact on mental health and well-being, including: early help and preventative interventions; the transition from children's to adult mental health services; the operation of health services, including Child and Adolescent Mental Health services (CAMHS); the role of schools and other education services in supporting children and young people and identifying mental health issues; the impact of housing and accommodation; social media and cyberbullying; equality of access to services, including for Black and other Minority Ethnic (BME) groups; the importance of reducing stigma and making sure our workforce are trained and supported in developing good mental health awareness.

These recommendations have been considered and were responded to by Cabinet on 13 December 2016. The Recommendations were also used to inform the development of the Joint Mental Health and Wellbeing Strategy.

2. Progress update on the development of a Joint Mental Health and Wellbeing Strategy

In August 2016, Southwark Council and CCG jointly commissioned Contact Consulting (Oxford) Ltd to undertake consultation and drafting of Joint Mental Health Strategy for Southwark. A national procurement process was undertaken and the panel included Cllr Helen Dennis, Deputy Cabinet Member for Mental Health. Contact Consulting began in September 2016. It is anticipated that a full draft joint strategy will be delivered in March 2017.

This strategy is intended to provide a locally informed framework to guide the journey of recovery from episodes of mental ill health as well as supporting Southwark residents to live well and thrive in their local communities. This will help us to build a resilient community, informed by the national *No Health without Mental Health* strategy as well as other legislative and policy drivers, including the Care Act 2014, the *Mental Health Five Year Forward View*

and the national children and young people's mental health and wellbeing strategy, *Future in Mind*.

The CCG and Council agreed a broad set of core priorities for the development of this strategy, including:

- Protection, promotion and prevention of mental health across the local population;
- The further development of Primary mental health care;
- Focus on how services across NHS, Council and the local Voluntary and Community sector can make better responses to complex needs;
- Better delivery of care and support for those living with long-term conditions;
- Better alignment of local policies and strategies to deepen local knowledge and approaches to the improvement of outcomes, e.g. for services for children and young people; and for older people with dementia;
- Ensure the NHS Mental Health 5 Year Forward View target of investment is achieved, in order to ensure there is local 'parity of esteem' between physical and mental health locally.

A comprehensive review of literature was undertaken with the support from Public Health, and included evidence and best practice guidance, public health data and intelligence, best practice guidance, and reviews of national and local policy. Interdependencies with other local strategies have been considered including the *Southwark Five Year Forward View for health and social care*; local Sustainability and Transformation Plans (STP), the Joint Southwark Children and Young People's Strategic Framework, and the Southwark Health and Wellbeing Strategy (2015-2020). Recent work undertaken by Southwark Healthwatch on consulting young people on mental health has also been taken into account. The recent work of Dr Sarah Teague on Young People's Health in Southwark, with a focus on risky behaviour, has also informed this work.

A Communications Plan was developed to raise the profile and awareness of mental health and wellbeing with stakeholders, including in related sectors (housing, employment, education, and criminal justice system), patients, service users and carers, and the public across Southwark.

A range of engagement approaches have been used to capture the insights of service users, carers, as well as professionals across health, council and the local voluntary and community sector. Methods included patient stories and user journeys, engagement events, Community Councils, Patient Participation Groups (PPG) in general practice settings, interviews and through social media including Facebook and Twitter (#Southwarkwellbeing).

Two large-scale "open space" listening events took place in November 2017 which were attended by more than 150 key stakeholders from across health (including South London and the Maudsley (SLaM) NHS Foundation Trust) and social care, with the active participation of service users and carers and those with a lived experience of the issues of living with mental ill-health locally.

Engagement work also involved emotional wellbeing mapping in schools and targeted engagement with vulnerable groups including children and young people with special needs, young offenders and young carers.

3. Governance

A Strategy Reference Group was established in October 2016 and includes representation across health and social care commissioning, Public Health, as well as Cllr Dennis. Strategic alignment was agreed at the Joint Commissioning Strategy Committee in October 2017.

The engagement approach was endorsed by the Engagement Advisory Board in November 2016, which has representation from Southwark Council's Community Participation Team and Southwark CCG Engagement Team and GP clinical leads.

A progress update is due at the Serious Mental Illness (SMI) Commissioning Development Group on 26 January 2017. The Reference Group will meet in February and the beginning of March 2017 to finalise the Draft Strategy, prior to going through the governance processes of Southwark CCG and Council. This final draft version of the joint mental health strategy will be presented to both Scrutiny sub-committees. The endorsement of the Health and Wellbeing Board will also be sought.

4. Emerging Themes

A broad range of themes from these engagement activities are currently being cross-referenced with the recommendations of the sub-committees and against interdependent local strategies to ensure there is strategic alignment in the draft strategy. There are a very broad range of issues that have been brought to engagement events that reflect the different understandings and priorities that exist in relation to mental health and well-being. There appear to be strong consensus around the following themes:

- 4.1 Prevent and identify** mental ill-health through building resilient communities, promote well-being and provide education and training across the whole system including schools, the workplace and maternity services;
- 4.2 Improve access to timely services** for everyone (including LGBT and BME groups) to prevent escalation to more complex, longer-term needs and personal crisis, including the development of A&E solutions, to reduce pressures on acute hospital trusts and provide treatment within appropriate, accessible care settings. The importance of locally meeting the access targets set out in the Mental Health 5 Year Forward View, including two weeks for first episode of psychosis, and also CAMHS access to treatment and eating disorder targets;
- 4.3 Greater and improved partnership working** to generate better outcomes, through delivery of whole system transformation across health, housing and leisure/green spaces, social care, specialist mental health, learning difficulties, alcohol and substance misuse, domestic violence, suicide prevention and homelessness. Plan for the impact of legislative and other national changes, such as Universal Credit;
- 4.4 Greater community focus and empowerment of people** to ensure that services reflect the needs of Southwark's diverse population through co-production, self-management, community participation and engagement; to deliver the scale of transformation set out in

the Southwark Five Year Forward View and through implementation of new models of care, including an enhanced primary care offer;

4.5 Achieve parity of outcomes for people who experience mental ill health; to reduce the mortality gap and ensure wherever possible that recovery is encouraged and strived for across the health and social care system, so that people are able to live independently in the community rather than institutional settings;

4.6 Reduce social isolation and loneliness amongst the older people in Southwark and groups who may be experiencing low self-esteem, through the development of more opportunities for peer support and social support networks, to encourage greater social engagement and opportunities for employment.

The engagement events were broadly welcomed. The point was often made that continuing engagement and collaboration is required for the delivery of the priorities that will be set out in the strategy. This will be delivered, using Southwark Council's *'Coproduction - Nothing about you without you'* (2014) as a guide to inclusion.

5. Timescale for completion

The Draft Joint Wellbeing & Mental Health Strategy is on track for delivery by March 2017, and a joint approval process will then be undertaken. Further work will be required to translate the recommendations set out in the strategy into implementation (action) plan over the course of the next five years. It is intended that the Strategy will be owned by the Partnership Commissioning Team of NHS Southwark CCG and Southwark Council.

6. Summary

Good progress has been made since September 2016 in establishing local engagement of a broad range of stakeholders and capturing the key local themes. The process has benefited from the independence, as well as the experience and capacity, that Contact Consulting have brought to this task. These are now being developed into a set of findings and recommendations to be taken through the respective governance routes of Southwark Council and CCG.

Health Communities scrutiny sub-committee workplan for meetings for 2016/17

| Date | Topic | Stakeholders | Outcome |
|---|---|---|------------------------|
| Tuesday 26 th July 2016 | Sexual Health | | Scrutiny review report |
| Wednesday 14th September 2016 | Cancelled | | |
| Tuesday 22 nd November 2016 | Social Care Review Public Heath Priorities Sexual Health scrutiny report and consultation update Maternal deaths at King’s College Hospital – briefing | Cllr Richard Livingstone SLaM David Quirke-Thornton LAS | Scrutiny review report |
| Wednesday 18th January 2017 | <p>Free Swim and Gym</p> <p>Cabinet member interview Cabinet Member for Public Health, Parks and Leisure</p> <p>Joint Mental Health Strategy</p> <p>London Ambulance Service (LAS) – CQC review flag up</p> <p>CCG Forward View</p> | Leisure and Public Health department & cabinet leads Leisure centre providers Cllr Maisie Anderson Council & CCG CCG | |
| Tuesday 21 st February 2017 | Session one overview : Southwark GP practices: quality of provision & local support arrangements | CCG , NHS England, CQC (update on CQC review of Southwark GP surgeries) , Local Medical Committees (LMCs are | Scrutiny review report |

| | | | |
|-------------------------------------|---|--|------------------------|
| | <p>King's Hospital Trust (KCH): Maternity, A & E, mental health crisis care, finances & strategy plan for next two year</p> <p>Sexual Health report back</p> | <p>practising GPs and practice staff elected by local GPs)</p> <p>KCH (Director Nursing, Medical Director & Finance Director) Healthwatch CCG</p> | |
| 28 th March 2017 | <p>Session two roundtable: Southwark GP practices: quality of provision & local support arrangements</p> <p>Cabinet member interviews</p> <p>CCG operation plan (ref STP)</p> | <p>CCG/ NHS England/ LMC/ Healthwatch / Regeneration Department & cabinet lead GP Federation leads</p> <p>Interview with Cllr Peter John (Health & Wellbeing Board)</p> <p>CCG</p> | Scrutiny review report |
| Tuesday 11 th April 2017 | <p>Cabinet member interview</p> <p>Independent Vulnerable Adult Safeguarding interview</p> <p>Quality Accounts and other statutory reports</p> <p>Social Care Review</p> <p>London Ambulance Service (LAS) &</p> | <p>Cllr Richard Livingstone</p> <p>Safeguarding Board Chair</p> <p>Council, SLaM, Unions and Healthwatch</p> | |

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|--|---|--|--|
| | CQC report (if completed) Draft Report: Southwark GP practices: quality of provision & local support arrangements | | |
|--|---|--|--|

Councillor Rebecca Lury
Labour Member for East Walworth Ward
Chair, Healthy Communities Scrutiny Sub-Committee
rebecca.lury@southwark.gov.uk
07967 365 410

Nicola Blackwood MP
Minister for Public Health
Department for Health
Richmond House, 79 Whitehall
London, SW1A 2NS

9 January 2017

Dear Ms Blackwood,

I am writing to you on behalf of the Healthy Communities Scrutiny Sub-Committee in the London Borough of Southwark in regards to sexual health budgets.

Our Committee recently carried out a piece of work into the changes to sexual health services that are taking place in our Borough, and through this a number of issues of relevance to your role as Minister for Public Health were raised.

As you may already know, there are around 28,000 Southwark residents who use sexual health services each year. We know that a large number of these can be re-directed to use self-testing, but the wider implications of such high numbers of users is still felt through the health system. Currently, 90% of Southwark Council's 2015/16 budget for sexual health is spent on GUM/RSH services, with 2% of the sexual health budget on HIV and STI prevention and early intervention, 3% on young people's sexual health services and 2% on online sexual health services and the remainder on Primary Care and pharmacy services.

Our Committee is particularly concerned about the financial pressures that are being seen across health services. Whilst we understand that cuts are necessary, we believe that there still needs to be an appropriate level of funding for public health at a time when these issues are continuing to increase across the country.

As a Council we are making savings, but have real concerns that it will not be long before we hit the ceiling in being able to deliver a quality service for our residents. We believe that sexual health has for too long been treated like a Cinderella service, and we would like to see a re-focus by the Department for Health to give it the same parity as conditions such as cancer and mental health.

I would welcome your thoughts on the current situation in which we find ourselves and an update on the priority areas that the Department for Health are considering including the ways in which the Government is looking to support the early identification and prevention of sexual health infections and disease.

I look forward to your reply.

Yours sincerely,

Councillor Rebecca Lury
Labour Member for East Walworth Ward
Chair, Healthy Communities Scrutiny Sub-Committee, Southwark

**HEALTHY COMMUNITIES SCRUTINY SUB-COMMITTEE
MUNICIPAL YEAR 2016-17**

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| Reserves | | Dated: January 2017 | |
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| Councillor Gavin Edwards | | | |
| Councillor Tom Flynn | | | |
| Councillor Eliza Mann | | | |
| Councillor Leo Pollack | | | |